# **Included in This Study Guide**

- Message Outline
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# **Message Outline**

## **Now and Forever**

Psalm 90

Titus O'Bryant March 15, 2020

Problem: We are momentary.

Solution: God is <u>never-ending</u>.

Application: <u>Live</u> for <u>God</u>.

## **Looking Back**

#### **Now and Forever**

Psalm 90

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Covid-19 is spreading across the globe and in our country, sparking different reactions and coping mechanisms. The stock market is volatile. Some are dismissive of perceived threats and want to continue with normal routines. Some have fallen into panic and are hoarding rice, floss, and toilet paper. Some are washing their hands less just because someone told them to wash more often.

We want to respond with faithful and wise actions, recognizing that God reigns over today as well as our future. How can a prayer written by Moses (Psalm 90) inform our responses in this erratic world? Together we want to hold onto our hope now and forever.

The danger with troubled people is not that they will believe nothing, but that they will believe anything! To avert such loss of truth and certainty in his disciples, Jesus turned their minds to the Father. He offered the personal touch of a heaven where the Father lives, personally prepared by the Son, and containing enough room for all who follow him. ~ Max Anders

Since every day is a gift from God, live each day enthusiastically for Him. Do not live for your circumstances, because they may become grim. Do not live only for yourself, because that will inevitably cave in on you. Live for God. ...When you live each day for God and adopt an attitude that honors Him, He will give you joy that can't believe. ~ Chuck Swindoll

#### Working It Out

- 1. Are you dealing with any fears or anxieties right now? What are they?
- 2. Read through Psalm 90. Consider reading the entire psalm three times. What do you notice about...
  - a. God:
  - b. People (You):
  - c. Our world:

- 3. Parts of this prayer express God's anger, wrath, or judgment (v. 3, 7-8, 11). If this song were written after Jesus' death and resurrection, how might it be different considering how God sees the righteousness of Jesus rather than our sin when he looks at us?
- 4. How do you feel after reading this song? How do you feel after watching the news or reading your social media feed or news articles compared with how you feel after reading and thinking about Psalm 90?
- 5. How does this prayer-song moves through different stages...
  - a. Praising God (v.1-2):
  - b. Presenting a complaint or lament (v. 3-11):
  - c. Pleading for God to take action (v. 12-17; pay attention to the verbs in these verses):
- 6. Pray through Psalm 90:
  - a. Read the words of the psalm out loud.
  - b. Use your own words to praise God from v. 1-2, rephrase the lament of v. 3-11, and make your requests from v. 12-17.